
Out of the Ruck!

Issue 4/2006

<http://www.monashwomen.rugbynet.com.au>

June 2006



THE NEWSLETTER OF THE MONASH UNIVERSITY WOMEN'S RUGBY UNION FOOTBALL CLUB

Miss President's Address

While the midpoint of the rugby season is now upon the Vic Comp, the women's competition is only a third of the way through their Home & Away season with 6 games still to go. Monash's results have been varied to date, with a win, a forfeit and a loss on our record.

We have a competition break for the next two weeks, while the Women's Vic State Team travels to Sydney for the Annual National Invitational held 4th – 7th July. Their first game will be ACT who they convincingly beat in the Southern States tournament held earlier in June, however are expecting ACT to have regrouped and be a much tougher proposition. It is dependant on the result of this and other first round games who they play next, as the draw is a similar format to that of a lightning Premiership.

On the Southern States, Victoria put up a good display for their first hit out and have worked hard over the past couple of weeks to fine tune game plans and to ensure the team 'gells'. Please read on for a run down on the Southern States Carnival.

Anita, Shani, Jo and Taxi have been selected for the Victorian State Squad, so we wish them the best of luck and all our support. A special mention must also go to Taxi who is currently in the Australian Training Squad and

will be under the eagle eye of the Australian Selectors. There are about 50 girls still in the training team; this will be cut down to 36 at the end of the tournament, those who are still in, will then attend a three day camp after which a squad of 26 will be chosen to represent our country in Canada late August/early September.

Please keep an eye out for emails on how the team is doing, and the VRU website www.vicrugby.com.au should have updates as well.

Good luck girls, go show them how Victoria plays!!!

Cheers,
Jo

Training!

Due to the state girls being away and no games for the next two Saturdays, it has been decided that there will be **NO** training next Tues 4th & Thurs 6th July. Please use this time to rest and seek help for niggling injuries so that everyone is refreshed and energetic to come back to play some good hard ruggers.

Training will resume Tues 11th July; we want to see everyone down to training so that we can start working on our game plans and positions, which will make playing on Saturdays easier! If you cannot attend training please call Spaz – 0419 898 016 or Jo – 0417 105 169.

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Game Report

Hello Team,

Great game yesterday and a great turn out.

The run on team was: (yes, I said run on, meaning that we had extra girls to run on later too! Woo hoo, subs!)

- | | |
|-----------|------------|
| 1. Taxi | 10. Jo |
| 2. Rowe | 11. Fish |
| 3. Manu | 12. Stacey |
| 4. Abby | 13. Shani |
| 5. Becs | 14. Thalia |
| 6. Heu | 15. Casey |
| 7. Steph | 16. Ash |
| 8. Strugs | 17. Moona |
| 9. Anita | |

Injured/Not available: Pip, Jen, Kim,
Votes: 3 = Shani; 2 = Anita; 1 = Manu
Final Score: Northern 29 – Monash 0
Ground: Northern

Congrats to Moona, Fish & Ash for their first game for Monash & farewell to Rowe as this was her last.

Unfortunately Thalia injured her ankle within the first few minutes (replaced by Ash on the wing) and moments later Becs re-injured her shoulder (replaced by Moona who went in to Flank and the back/second row shuffled). In the second half Moona had to come off with a knee injury and we moved to uncontested scrums and a playing number of 14.

In summary, it was a very physical game and both teams fought well. The early part of the game was spent defending our half, but towards the end we started to get more ball and showed them our attacking skills. Oh, and I'd like to fine the ref for turning up without his watch and asking me to keep time for him!

We will train as usual this week, however enjoy a break next week (4th & 6th July) because of Nationals. Even though there is no club game next Saturday, I expect to see you **all** at training, whether you are playing at Nationals or not, otherwise it will be too long of a break for the team if we are serious about the second half of this season.

We don't have a game now until the 15th July, so good luck to those of you who are going, and training will resume again on the 11th.
Interim Coach Spaz

Out of the Ruck

Southern States

The annual Southern States Tournament between Victoria, NSW Country and ACT was held over the Queen's Birthday Weekend at Harlequins Rugby Club.

The winners were NSW Country who were just too well drilled and crisp over the weekend for the Victorian and ACT teams.

Saturday 10 June

5:30pm – NSW Country 27 def Victoria 3
Rosie Bureta penalty goal

Despite the score line, this was a very hard fought match; with both teams playing a forward orientated game.

Given a work out in defense throughout the match after receiving a continued barrage from the NSW Country team, the Victorian side held up considerably well and it was not until the last 15 minutes of the match that the NSW Country team showed their fitness and were able to capitilise running in three quick successive tries.

This was exactly the type of match that the Australian coaching and management team were wanting, with four girls from the Victorian squad and a number of NSW Country players vying for spots in the Australian Squad.

Tegan French was the best of the Victorian players, saving many tries with her cover tackles and exceptional reading of the play.

Sunday 11 June

5:00pm – NSW Country 39 def ACT 0

Like the previous night, NSW Country continued to play a forward dominated game.

Only this time their backs were given some width and allowed to display their back three who have amazing speed, which unfortunately ACT could not compete with.

There were glimpses of ACT skill, but overall NSW Country were just a too complete and polished side.

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Monday 12 June

11:00am – Victoria 28 def ACT 0
Tegan French 3, Rosie Bureta tries; Rosie Bureta 4 conversions

Usually Vic vs ACT games are a scrappy, hard fought, low scoring event, however this year Victoria put together some good structure and the forwards provided a solid platform for the backline to display their talent.

The backline was re-shuffled from Saturday night, and having a play maker at both 10 and 13 definitely proved the difference between the two sides.

A highlight of the game was the Victorian scrum, which won quite a few tight heads, wielded the scrum on many an occasion, and was absolutely dominant.

Yet again full-back Tegan French had a cracker of a game, this time however she was able to showcase her attacking ability, and for this was awarded equal best player of the tournament along with a NSW Country player. Congratulations Tegan, and congratulations to the Victorian Women's team, who put on a fantastic display for the spectators (the team is very grateful for the support they received) and are looking forward to contesting for the National Championship title being played at Macquarie Park in Sydney 4th-7th July.

The team wishes to thank:

Dr. Jax for giving up her valuable time and being the on-hand doctor for the weekend, thank goodness though you weren't kept too busy!

Masseuse Aaron Fordham for giving up his time, the players definitely felt the benefits of your skill;

Harlequin Rugby Club for hosting the event;

The referees, who without the games would not be able to go ahead;

The VRU for helping to organise,

And lastly but very importantly to Emily Lyons who was kept very busy doing behind the scenes work to ensure the smooth running of the tournament and to make sure the event could actually get up and running.

Out of the Ruck

Vic Women Team List

- 1 Natalie Reid – Monash Uni
- 2 Selei Poluleuligaga – Northern
- 3 Li Lin Tay – Northern
- 4 Kim Hemopo – Box Hill
- 5 Maria Va'auli – Northern
- 6 Marilyn Hubner – Northern
- 7 Anna Gerhardi – Power House
- 8 Jo Thomas – Northern
- 9 Debra Grylls – Power House
- 10 Rosie Bureta – Power House
- 11 Inshani Sappideen – Monash Uni
- 12 Joanne Linklater – Monash Uni
- 13 Saofaiga Saemo – Power House
- 14 Amber Hibberd – Power House
- 15 Tegan French – Northern
- 16 Sopolupama Lavea – Northern
- 17 Talaheu Makoni – Box Hill
- 18 Tennielle Sullivan – Power House
- 19 Emily Lyons – Monash Uni
- 20 Melissa Hill – Power House
- 21 Lii Finai – Northern
- 22 Anita Brickle – Monash Uni
- 23 Kylie Schulstad – Power House
- 24 Jen Faiva – Box Hill

Team Management

Stephen Tia – Coach
Angela Smith – Assistant Coach
David Hawkins – Manager
Jade Brodie – Physio

Merchandise

Wear Ashes on your Sleeve

Playing Shorts - \$25
Playing Socks - \$10
Club Polo shirts - \$25
Club Baseball Hats/Visors - \$15
Club Jersey - \$70

Executive Committee

President: *Joanne Linklater*
Vice President: *Rachel Lam-Sam*
Treasurer: *Natalie Reid*
Secretary: *Philippa Hasseldine*
Social Co-ordinator: *Casey Slater*

Sec/Tres Report

Is good to see that everyone has been registered and nearly everyone paid up in full! Congratulations to you all!

Thanks

Website

The website is a great way to keep up with all the goss from the Monash rugby world. Recent additions include photos from Southern States, Training news and game reports, as well as some great links.

<http://www.monashwomen.rugbynet.com.au>

If you have any ideas or comments on the website, please let me know.

Jo

Women's Nationals 3rd - 7th July

The 2006 National Women's competition begins next week in Sydney.

The Victorian team will be departing on Monday 3rd July, and face their first hit up against ACT on Tuesday. The two teams having met only a few weeks ago at the southern states tournament where Victoria defeated ACT 29-0. Victoria will be striving for a repeat performance, but rest assured ACT will have trained hard for this first game after much analysis of the Southern States game and will be anything but a push over.

From there the results will depend on who plays off in the 2nd and 3rd games, to be held on Wednesday and Friday.

We wish the Victorian team the best of luck, and say a big congratulation to Jo, Taxi, Anita and Shani who will be waving the Monash flag.

On the final day of the National competition in Sydney, 36 players will be selected to attend the Wallaroos training camp which will be held from 7-11 July. It has been made very clear that everyone at Nationals is still in contention for one of one of the 36 spots, which will only make the Nationals more competitive.

Out of the Ruck

I would like to wish all of the Victorian girls currently in the National training squad all the best for Nationals and to get out there and show the selectors what hard work has gone into the preparation for the possibility of representing their country.

To all the other Victorian girls, there is great opportunity out there to impress selectors, and as we saw from southern states, they are still watching.

Social Report

Two big functions in two weeks...you ripper!

First up is the Quins Annual Ball, held at Rivers Receptions, Southbank. Is a fantastic night, with good food, entertainment, and the opportunity to let your hair down and see some boys in hot suits!

Secondly and more importantly is the Monash Strike Bowling night – **Saturday 8th July**, is going to be a night filled with fun and festivity, and hopefully some good one liners that we can fine people for!

Is \$15 which will give you a couple of hours fun...afterwards we will probably head out for a few more beverages, so bring your dancing shoes! Could you please let me know if you are interested in attending.

See further on in newsletter for flyer.

Casey
SOCIAL CO-ORDINATOR

Joke of the Month:

"A seven year old boy was at the centre of a courtroom drama this morning when he challenged a court ruling over who should have custody of him.

The boy has a history of being beaten by his parents so the judge awarded custody to his aunt. The boy confirmed that his aunt beat him more than his parents and he refused to live there.

When the judge suggested he live with his grandparents, they boy cried out that they beat him more than anyone.

The judge dramatically let the boy choose who should have custody of him.

Custody was eventually awarded to the England Rugby Test side, as the boy firmly believes that they are not capable of beating anyone."

Email List

Most (if not all) information about goings-on in the club is circulated via our email list. All important dates etc will be sent to all via email - this makes it easier as we know that everyone will receive it.

It is therefore important to firstly get on to the email list (just talk to Jo or Pip) and to then check your email regularly.

Monash Barbeque

Once again, just a reminder with the BBQ's on Thursday nights. Always a good time to catch up with everyone. Help is always needed when setting up and preparing BBQ. Beware I will be asking you for help!

Becks

Monash Sponsorship

MUWRUC are currently looking at obtaining Sponsorship for Season 2007. Anyone who may know of organisations/persons that you believe may be interested please let me know.

Becks

Profiles

This year, as a way to introduce everyone, and to find out some curious information about them, we will be running profiles in every newsletter.

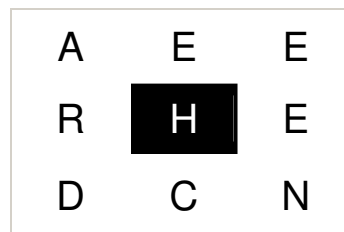
- 1) Name: *Talaheu Makoni*
- 2) Nickname: *Heu*
- 3) Position: *Hooker*
- 4) Started playing: 2001
- 5) Treasured Moment: *Winning the Grand Final last year*
- 6) Favourite Player: *Oz – Giteau, NZ - Carter*
- 7) Idol: *Mel Latu*
- 8) Best pick up line: This is one that was used on me... *So you play rugby? Yeah? Well wanna play with my balls? My response was ciao*
- 9) If you could be a famous celebrity of the opposite sex for a day, who would you be? Why? *Chris Rock – cause he's the bomb and he rocks and I wouldn't mind being a comedian for the day*
- 10) If you could be an inanimate object, what would you be and why? *Am All Blacks Jersey because I would get to hug all of them!*

Out of the Ruck

- 1) Name: *Anita Brickle*
- 2) Nickname: *Neetz*
- 3) Position: *Halfback*
- 4) Started playing: *2000*
- 5) Treasured Moment: *Receiving blazer for South Canterbury*
- 6) Favourite Player: *Richie McCaw*
- 7) Idol: *My Mum*
- 8) Best pick up line: *Burping*
- 9) If you could be a famous celebrity of the opposite sex for a day, who would you be? Why? *Michael Jackson when he was black, cause he is the best dancer*
- 10) If you could be an inanimate object, what would you be and why? *A circle, so I can run over everyone*

- 1) Name: *Sarah Toomey*
- 2) Nickname: *Spaz*
- 3) Position: *Retired hooker now Coach*
- 4) Started playing: *1996*
- 5) Treasured Moment: *Founding the Monash club*
- 6) Favourite Player: *Me...*
- 7) Idol: *Jeremy Paul*
- 8) Best pick up line: *I'm a hooker and good at it!*
- 9) If you could be a famous celebrity of the opposite sex for a day, who would you be? Why? *John Howard, because I would love to be in his shoes so he could get something right for once*
- 10) If you could be an inanimate object, what would you be and why? *A rugby ball, because rugby guys would have their hands all over me*

Game



Rugby is about tactics and game plans, so here's another one to practise your rugby thinking by figuring out this puzzle:

See how many words of four letters or more you can make from the letters shown in the grids. In making a word, each letter must be used once only. The word must contain the centre letter and there must be at least one nine-letter word in the list.

TARGET: 13 words, good; 20 very good; 27excellent

MONASH TEN PIN BOWLING NIGHT

DATE: SATURDAY 8TH JULY
WHERE: STRIKE ON CHAPEL STREET (325 CHAPEL STREET, PRAHRAN)
TIME: 7:30 PM (MUST BE ON TIME AS HAVE BOOKED LANES)
COST: \$15 PER PERSON

**SO COME ALONG AND HAVE SOME FUN
PLEASE BRING ALONG YOUR FRIENDS & PARTNERS**

**YOU CAN EITHER COME ALONG AND BOWL,
OR COME ALONG AND HAVE A FEW DRINKS WITH THE GIRLS**

**R.S.V.P - ASAP
CASEY (M) 0432 417 937**

